

Raven's Wood Wilderness School Supplies Requirements Late Fall, WINTER and Early Spring

It is ESSENTIAL that your child is dressed properly to be outside for most of 6 hours!
Here's what your kids need for program each day:

- **TWO** multi-layered woven COTTON face masks. Neck scarves pulled over the mouth DO NOT WORK to protect anyone from getting or giving COVID-19 and are not acceptable at Raven's Wood.
- Warm slippers with hard sole, or extra sneakers, *to leave in tent for the week.* (This is absolutely necessary for the tent!)
- Warm waterproof boots. ICE GRIPPERS for boots if you have them, esp. if the snow is crusty or there is a lot of ice.
- Warm wool or wool blend socks.
- Warm waterproof gloves. (And an extra pair in the backpack if you have them.)
- Warm waterproof pants for rain or wet snow, OR
- Warm waterproof snow pants.
- Leggings or tight-fitting long johns under snow pants, for comfort and warmth.
- Warm waterproof winter coat.
- Warm waterproof raincoat or poncho when raining, or rain is expected.
- *Layers under their winter coat, raincoat, or poncho:* acrylic or nylon blend long john bottoms and top (tight fitting kids pajamas usually work well), then a thin polar fleece, then a wool sweater or heavier fleece. This way, they can take layers off and put them on as they need to.
- Warm neck warmer for windy weather.
- Warm hat, preferably wool blend or wool in the coldest weather. Wool stays warm when wet (unless soaked). Boiled wool is even better, and somewhat waterproof.

EXTRAS TO HAVE IN BACKPACK:

Socks, gloves, hats, underwear, and pants. If any of these get wet, kids get cold. If they have these items, they can change if they fall into mud or a puddle.

Here's what NOT to do:

NO COTTON against the skin, please. This includes undershirts, long johns, and socks. Kids sweat, the cotton gets wet, and then they get cold as soon as they slow down.

NO thin acrylic gloves- might be ok for 40's and 50's temps for the morning, or as a layer under waterproof gloves, but they are totally useless the second they get wet.

NO JEANS when it is raining or snowing, especially with no long underwear. When wet, they never dry in this weather.

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OTHER ESSENTIALS

- A water bottle. We haul water to camp, so there is water to refill.
- Snack foods for TWO snack periods. (Please, only healthy food and drinks: no soda, candy, or chips for snacks.)
- Lunch. Kids get very hungry when active and outside. Please pack a high protein, well-balanced lunch. *Remember we are in a tent with no electricity, so there is NO microwave.* The only heat is a woodstove, so if something needs to be warmed up, **it must come in tinfoil** to be placed on the woodstove. Hot soup or cider in a thermos is a better option for a hot element in an outdoor lunch.
- A BACKPACK that is appropriately sized for your child. Please do NOT pack their clothes in a bag. The kids need to carry their own backpacks up a hill in snowy, muddy, and icy conditions. If the pack is too big or too heavy, this is very difficult and can cause your child to get injured or even fall backwards.
- If it is bright and sunny, and there is a lot of snow, sunglasses are great! Protecting kids' eyes from the reflecting sun is important for long term healthy eyes.